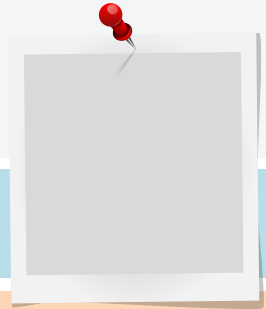




My Communication Profile



MY NAME IS:

HOW I SHARE INFORMATION:

HOW I TAKE IN INFORMATION:

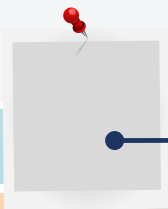
HOW TO BEST SUPPORT MY COMMUNICATION:

THINGS I ENJOY:

**THINGS THAT MAY INTERFERE
WITH MY COMMUNICATION:**



My Communication Profile



MY NAME IS:

HOW I SHARE INFORMATION:

HOW I TAKE IN INFORMATION:

HOW TO BEST SUPPORT MY COMMUNICATION:

THINGS I ENJOY:

THINGS THAT MAY INTERFERE
WITH MY COMMUNICATION:

Insert photo of individual here

A description of how the individual communicates.

Expressive: How they share information

Receptive: How they take in information


Helpful tips to use to best communicate with the individual. This may include a best communication partner(s)- someone who is able to best understand and communicate with the individual most of the time.

Communicating about things the individual enjoys is a great starting point for communication. Also, what they like can be used as motivation for communication.

Some individuals have sensory concerns or other things that may interfere with effective communication. This section may also include things that are stressful for the individual.

Adapted from My LifeCourse Portfolio One-Page Profile

Examples:



My Communication Profile




MY NAME IS: SAM

HOW I SHARE INFORMATION:

- Bites wrists (*frustrated, upset*)
- Grabs others (*can be reaching for attention or frustration*)
- Pointing
- Clapping (*exciting or agreeing*)
- Leading others to desired items

HOW I TAKE IN INFORMATION:

- Short, concrete questions
- Picture support
- Direct acknowledgement
- I hear best in my right ear

HOW TO BEST SUPPORT MY COMMUNICATION:

- Say my name before our interactions so I know you're talking to me
- Ask me questions and provide me with wait time
- Use real pictures (*not cartoons or line drawings*) to support my communication
- Look at me when you're talking, even if I am not looking back
- Before new/different environments, prepare me for what to expect
- My best communication partner is my father, Bob

THINGS I ENJOY:

- Coffee
- Quiet environments
- Puzzles
- Animals
- Swimming
- Calming music

THINGS THAT MAY INTERFERE WITH MY COMMUNICATION:

- Crowded areas
- Loud environments
- Strong smells

Adapted from My LifeCourse Portfolio One-Page Profile



My Communication Profile




MY NAME IS: MEL

HOW I SHARE INFORMATION:

- I may repeat things or my words may run together if I'm nervous
- I will answer you but it may not be a direct answer because I have a lot going on in my head
- I am shy with new people
- I prefer to text, not talk on the phone

HOW I TAKE IN INFORMATION:

- Short, concrete questions
- Give me time between a question and my answer
- Reward questions if it seems that I do not understand
- I may be pacing but it doesn't mean that I am not listening

HOW TO BEST SUPPORT MY COMMUNICATION:

- Use my name to get my attention
- I may leave unexpectedly - give me space before talking with me again
- Give me information ahead of time
- Don't interrupt me or try to finish my sentences
- I prefer one-on-one conversations
- Direct questions to me, not my staff

THINGS I ENJOY:

- Reading and the library
- History
- Catholic Religion
- Getting out of my apartment
- Making friends (even though this is hard for me)

THINGS THAT MAY INTERFERE WITH MY COMMUNICATION:

- Sarcasm, idioms, and slang (I have trouble understanding them)
- Lengthy conversations
- I may not understand or notice your facial expressions

Adapted from My LifeCourse Portfolio One-Page Profile