

What is a Communication Profile? And why use it?

My Communication Profile

MY NAME IS:

HOW I SHARE INFORMATION:

HOW I TAKE IN INFORMATION:

HOW TO BEST SUPPORT MY COMMUNICATION:

THINGS I ENJOY:

THINGS THAT MAY INTERFERE WITH MY COMMUNICATION:

ASERT PAautism.org

Pennsylvania's leading source of information and resources for autism and developmental disabilities. 877-321-4244

The ASERT Collaborative is funded by the Office of Developmental Programs, PA Department of Human Services.

Communication is foundational for everything we do. It is individualized and fluid. Everyone communicates in one way or another, however for some individuals, communication can be even more complex and sometimes challenging.

The Communication Profile is a quick one-page training tool. This person-centered support helps those that may not know the individual well enough to communicate effectively with them. Some ways to use the Communication Profile are:

- In new and unfamiliar situations or a transition support (such as a hospital setting, respite, a new classroom, etc.)
- As a reminder for support staff
- As a training tool for new support staff
- As a tool to help you think about supports/services differently
- With the Individual Support Team to think about outcomes



A couple other tips:

- What's great about this tool is it can be completed by anyone: the individual, a family member, a team member, etc. However, the best way to complete it is with input from several people.
- This tool is a living, breathing document. Communication is constantly changing; this tool should be updated to reflect changes.
- It was made to be easy to read and easy to understand for those that may not know the individual.



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*This resource was developed for the Department of Human Services,
Office of Developmental Programs by the ASERT Collaborative.*