# Family Scenario Facilitation Guide

## Family Scenario 1: Following the Person's Lead

This video tells the story about Carl who lives with his parents and is receiving ODP services.

Carl's parents are supportive, but also very busy. His routine, which is very important to him, has been altered greatly by the pandemic. Carl approached his Dad to talk about ways to get back to some of his routines outside the home.

Together, Dad and Carl discuss this with their Supports Coordinator and a PA Family Network Advisor using the Charting the LifeCourse Framework and Tools.

#### Family Scenario 2: Planning for the Community

This video continues the story of Carl who lives with his parents and is receiving ODP services.

The Pa Family Advisor and the Supports Coordinator virtually meet with Carl and Paul. In real-time, they use the Charting the LifeCourse Integrated Support Star to look at what supports and services Carl has in his life and what he needs to go back to some community activity.

#### ACCOMPANYING DISCUSSION/FACILITATION QUESTIONS

These discussion questions are intended to be used to think about things to consider including available resources to help support transition discussions with individuals who receive residential services.

#### **Questions about the resources**

- Are you familiar with the all the tools that were used during these discussions around transition? Do you know where you can find them?
- Do you know how to use the Charting the LifeCourse for Carl's (or others like his) specific situation? (Individual Transition Guide, LifeCourse Integrated Supports Star)
  - If you have, can you discuss your experience (i.e., what you have learned, gaps you have noticed, barriers you have experienced) with the group?

- o If not, consider the following resources to learn about the tools and how they are used:
  - Pennsylvania Family Network: <a href="https://www.visionforequality.org/pa-family-network/">https://www.visionforequality.org/pa-family-network/</a>
  - ODP Supporting Families: <a href="https://www.myodp.org/course/view.php?id=1173">https://www.myodp.org/course/view.php?id=1173</a>
  - Charting the LifeCourse: <u>www.lifecoursetools.com</u>
- Are there other tools that you use that would have been useful for Carl and his team?

### Questions about these Family Scenerio videos

- What was successful/what worked in each scenario?
- What could have been handled differently?
- Thinking about the team's use of the resources in the video:
  - How did the team support Carl to develop his vision for transition?
  - How were the resources introduced?
  - What steps did the supporters take in using the resources?
- We know that these discussions are not once and done. What other, future conversations do you think Carl and his team may have during this pandemic and other transitions?
  - What other tools could be utilized?
- What would these scenarios look like if Carl was not verbal or had limited verbal skills or was differently-abled perhaps needing additional support to understand and have a conversation like this one (e.g., observation of and respectful/thoughtful guessing by supporters)?
- What other ways could the team support Carl for a safe return to the community?
- What other types of transitions could be supported using the tools referenced in these videos?