

Reissuing Guidance on Masks, Screening, and Handwashing **07-07-2020**

Masks: Cloth Face Coverings and Surgical Face Masks

On July 1, Secretary of Health Rachel Levine signed [an official order requiring the universal use of face coverings](#).

It is required that staff who provide direct services wear a mask that covers the nose and mouth during the entirety of service provision. The mask must be a cloth covering or other mask that offers a higher degree of protection. The only exception is if the staff person lives with the individual. This applies to *all* ODP services. For staff, plastic face shields are not acceptable alternatives to masks.

Masks should be worn by individuals during activities in the community in line with the Secretary's order.

Please note: Cloth face coverings are not considered Personal Protective Equipment (PPE) and should not be worn in place of recommended PPE when caring for an individual with COVID-19.

In accordance with current CDC guidance, cloth face coverings should:

- fit snugly but comfortably against the side of the face
- be secured with ties or ear loops
- include multiple layers of fabric
- allow for breathing without restriction
- be able to be laundered and machine dried without damage or change to shape

Masks should not be placed on children younger than 2 years of age, anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the covering without assistance. If an individual has trouble breathing or other medical or mental health conditions that may be worsened with wearing a mask, seek clarification with the health care practitioner regarding mask use.

Mask use is not mandatory for individuals who are communicating or seeking to communicate with someone who is hearing-impaired or has another disability, where the ability to see the mouth is essential for communication.

If, for medical or other reasons, an individual receiving services is unable to wear a mask as recommended by the PA Department of Health and the CDC, the use of a full

face shield as an alternative may provide some benefit, particularly against spread of respiratory droplets, and should be permitted.

It is important to keep in mind that some individuals may not be able to tolerate a mask or may be afraid or unsettled when others wear masks. The ODP Individual Transition Guide contains some questions that address the use of face masks. In addition, the following may help an individual adjust to wearing a mask:

- Using the [Wearing a Mask Social Story](#) on the ASERT website
- There is also an animated version at the bottom of [this page](#).
- Ensure that the individual knows that the individual will be able to breathe while wearing a mask if that is a concern.
- While wearing masks, look in the mirror and talk about what it is like to wear a mask.
- Decorate a mask so the mask is personalized and fun to wear.
- Show the individual pictures of other people wearing masks.
- Use masks with a clear window where staff/caregivers' mouths can be seen such as these.
- Pin a picture without a mask of the staff or caregiver on the staff or caregiver's shirt.

Along with mask or face use, it is important to remember to use other infection control practices, including screening, frequent hand washing and social distancing.

Screening Guidance

Providers must screen the following:

- Direct service professionals or other staff, contractors or consultants that render face-to-face services to individuals.
- Family or friends with whom the individual will have face-to-face visits.
- Individuals receiving services. Screening of individuals is not required if they are currently diagnosed with COVID-19.

Screening Questions:

1. Do you have a fever equal to or higher than 100.0 degrees or respiratory symptoms such as new or worsening cough, shortness of breath, or sore throat?
2. In the past 14 days, have you had a potential exposure to COVID-19? A potential exposure means a household contact or having close contact within 6 feet of an individual with confirmed or suspected COVID-19 for at least 10 minutes. The

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timeframe for having contact with an individual includes the period of time of 48 hours before the individual became symptomatic.

3. As of July 2, 2020 the PA Department of Health has recommended that travelers from certain states self-quarantine, and therefore should not visit, for 14 days following return to PA. Have you traveled within the past 14 days from any of the following states?
 - a. Alabama
 - b. Arizona
 - c. Arkansas
 - d. California
 - e. Florida
 - f. Georgia
 - g. Idaho
 - h. Louisiana
 - i. Mississippi
 - j. Nevada
 - k. North Carolina
 - l. South Carolina
 - m. Tennessee
 - n. Texas
 - o. Utah

4. Are you currently diagnosed with COVID-19, have a test pending for COVID-19, or been told by a medical provider that you may or do have COVID-19?

Additional screening considerations for individuals with ID/A:

- In addition to the typical symptoms of COVID-19 as identified by the Centers for Disease Control (CDC), ODP providers have noted that for individuals with ID/A, COVID-19 infection has caused muscle aches, weakness or a change in baseline behavior without or prior to respiratory symptoms emerging. Providers should closely observe individuals for weakness or other changes in behavior that may be indicative of illness.

Screening Guidance for Residential Settings

- Residential providers should continue to follow the Long Term Care Guidance for Screening and Infection Control established by the CDC and found at:

<https://www.cdc.gov/coronavirus/2019-ncov/hcp/long-term-care-strategies.html>.

Screening Guidance for the Provision of Transportation Trip Services

Based on the answers to the screening questions, transportation trip providers should take the following steps:

- A. If the answer to all four questions above is “**no**,” then the individual can use transportation trip services. Transportation trip services should be arranged in a manner that limits the driver’s physical contact with the individual and allows for social distancing. This may require fewer people in a common vehicle or more individual rides.
- B. If the answer is “**yes**” to just one of either question 1, 2, or 3 above, the individual can use transportation trip services under the following circumstances:
 - The individual is transported as an individual ride;
 - The individual, if able, should wear a mask prior to entering the vehicle.
- C. If the answers is “yes” to question 1 AND “yes” to EITHER question 2 or 3 OR the answer to question 4 is “**yes**,” then in addition to complying with guidance in “B” above, transportation trip services should only be used for medical care or medical appointments under the direction of the individual’s health care practitioner.

Screening Process for Other HCBS Services

- Providers (including Agency with Choice Financial Management Services organizations) must have a protocol to ensure that staff and individuals have been screened using the above screening questions prior to services being delivered.
- Common law employers in the Vendor Fiscal/Employer Agent model are responsible for establishing how screening will be completed. ODP will release additional guidance to assist common law employers with establishing this process soon.
- When a direct support professional answers “**yes**” to any of the above screening questions, the direct support professional should not render face-to-face services and back-up plans should be implemented.
- When an individual receiving services answers “**yes**” to any of the screening questions, the individual should not participate in any community activities and

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appropriate steps should be taken to ensure follow-up if COVID-19 is suspected as a result of the screening. The individual's health care professional will provide additional guidance on the appropriate timeframe to return community activities.

Handwashing

Handwashing prevents the spread of infection. The following information should be provided to all staff:

The CDC recommends washing your hands frequently and avoiding touching your face. Wash your hands when entering and leaving the home or community setting; when adjusting or putting on or off facemasks or cloth face coverings; or before putting on and after taking off disposable gloves.

Follow these five steps every time.

1. **Wet** your hands with clean, running water (warm or cold), turn off the tap, and apply soap.
2. **Lather** your hands by rubbing them together with the soap. Lather the backs of your hands, between your fingers, and under your nails.
3. **Scrub** your hands for at least 20 seconds. Need a timer? Hum the "Happy Birthday" song from beginning to end twice.
4. **Rinse** your hands well under clean, running water.
5. **Dry** your hands using a clean towel or air dry them.

If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol.