



## Self Advocates United as 1 — July Antivirus Power Connect Calendar

Use YOUR power to stay connected through our projects **SASE (Self Advocate Support and Empowerment)**  
and **SAPNA (Self Advocacy Power Network for All)**.

Join as many calls as you can to connect with other people while we can't meet in person. Share the info with your friends, family and coworkers.

Let's start each call with a check-in to hear how folks are doing and share resources during this tough time.

You can join any or all of the calls by computer at <https://zoom.us/j/624794330>  
or by phone: dial **(646) 876-9923**, then your meeting ID: **624 794 330 ##**.

Please call **(724) 588-2378** or email [rita@sau1.org](mailto:rita@sau1.org) for the meeting password.  
All guests on calls are required to share their first name and county.

### SCHEDULE OF EVENTS

**Mon. July 20**

**1:00-3:00 pm**

Let's talk about your vision

For YOUR everyday life

A SAPNA event

**Tues. July 21**

**10:30 am-11:30 am**

Talk with folks from the PA Office of Developmental Programs (ODP) about YOUR life during Covid-19.  
A **SAPNA** event

**Weds. July 22**

**1:00-2:30 pm**

**Team Volunteer!**

Let's talk about volunteering while staying home and after!  
A **Team V** event.

**Thurs. July 23**

**2:00 - 3:30pm**

**Disability History**

People with disabilities have often  
Been kept apart from others, and the  
Pandemic has made it worse.  
Learn why we must keep speaking up!  
A **SASE** event

**Fri. July 24**

**3:00 – 4:00 pm**

**SAU1 Just Dance Party!**

**Tues. July 28**

**10:30 - 11:30 am**

Talk with folks from the PA Office of Developmental Programs (ODP) about YOUR life during Covid-19.  
A **SAPNA** event

**Weds. July 29**

**1:00—2:30 pm**

**Team Volunteer!**

Let's talk about volunteering while staying home and after!  
A **Team V** event.

**Fri. July 31**

**11:00 am - 1:00 pm**

**Let's Speak Up!**

**Returning to Community**

Self-advocacy:

Speaking up about returning to community

A **SAPNA** event

**Fri. July 31**

**3:00 – 4:00 pm**

**SAU1 Just Dance Party!**

What do YOU want to learn about during our time at home? Call, write, or email SAU1 using the info below.

*Self Advocacy Support and Empowerment (SASE) events are supported by a grant from the Pennsylvania Developmental Disabilities Council; in part by grant number 1901PASCDD-02 from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects with government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official ACL policy.*

*Self Advocate Power Network for All (SAPNA) events are a project of the PA Office of Developmental Programs, managed by Self Advocates United as 1.*

*Our mission is to support the self advocacy of people with disabilities for positive impact in our communities and in people's lives.*

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