**Self Advocates United as 1—Antivirus Power Connect Calendar**

Use YOUR power to stay connected through our projects **SASE (Self Advocate Support and Empowerment), Team V (volunteer) and SAPNA (Self Advocacy Power Network for All).**

Share the info with your friends, family and coworkers. You can join any or all of the calls by computer at https://zoom.us/j/624794330 or by phone: dial (646)876-9923, then your meeting ID: 624 794 330 ##.

Call 724-588-2378 or email Rita@sau1.org to get the meeting password. All guests on all calls are required to share their first name and county.

|-------------|--------------|--------------|--------------|-------------|
| SAU1 Power Staff Chris Moore shows off his mask at the shore | **10:30 to 11:30 am**
Talk with folks from the PA Office of Developmental Programs about YOUR life during Covid-19.
A **SAPNA** event. | **1 to 2:30 pm**
**Team Volunteer!**
Let’s talk about volunteering while staying home and after!
A **Team V** event. | **12:30 to 2:30pm**
Let’s Talk about Relationships!
Different kinds of relationships
How we make them
What makes them healthy
How to know if they are unhealthy
What to do about abuse
A **SASE** event | 3 pm
SAU1 Just Dance Party! |
| SAU1 Power Staff Gabriel Smaglik shows off his mask | **10:30 to 11:30 am**
Talk with folks from the PA Office of Developmental Programs about YOUR life during Covid-19.
A **SAPNA** event. | **1 to 2:30 pm**
**Team Volunteer!**
Let’s talk about volunteering while staying home and after!
A **Team V** event. | **1 to 3 pm**
Let’s Speak Up!
Learn about a guide to help you think about returning to the community, and how to speak up with those who support you about what YOU want.
A **SAPNA** event. | 3 pm
SAU1 Just Dance Party! |

**Self Advocacy Support and Empowerment (SASE), and Team V (Volunteer) events are supported by grants from the Pennsylvania Developmental Disabilities Council; in part by grant numbers 1801PA05DD and 1901PA05DD-02, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects with government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official ACL policy.**

**Self Advocacy Power Network for All (SAPNA) is a project of the PA Office of Developmental Programs, managed by Self Advocates United as**

Our mission is to support the self advocacy of people with disabilities for positive impact in our communities and in people’s lives.

What do YOU want to learn about during our time at home?