#### Self Advocates United as 1—Antivirus Power Connect Calendar



Use YOUR power to stay connected through our projects SASE (Self Advocate Support and Empowerment), Team V (volunteer) and

SAPNA (Self Advocacy Power Network for All).

Share the info with your friends, family and coworkers. You can join any or all of the calls by computer at https://zoom.us/j/624794330 or by phone: dial (646)876-9923, then your meeting ID: 624 794 330 ##.

Call 724-588-2378 or email Rita@sau1.org to get the meeting password. All guests on all calls are required to share their first name and county.

#### Mon. Aug. 3



SAU1 Power Staff Chris Moore shows off his mask at the shore

# Tues. Aug. 4 10:30 to 11:30 am

Talk with folks from the PA Office of Developmental Programs about YOUR life during Covid-19.

A SAPNA event.

# Weds. Aug. 5

1 to 2:30 pm

#### Team Volunteer!

Let's talk about volunteering while staying home and after!

A Team V event.

#### Thurs. Aug 6



Power Staff Oscar Drummond Shows off his mask at the doctor

#### Fri. Aug. 7

12:30 to 2:30pm

Let's Talk about

Relationships! Different kinds of relationships How we make them What makes them healthy How to know if they are unhealthy What to do about abuse

3 pm **SAU1 Just Dance Party!** 

A **SASE** event

### Mon. Aug. 10



SAU1 Power Staff Gabriel Smaglik shows off his mask

# Tues. Aug. 11

10:30 to 11:30 am

Talk with folks from the PA Office of Developmental Programs about YOUR life during Covid-19.

A SAPNA event.

## Weds. Aug. 12

1 to 2:30 pm

#### Team Volunteer!

Let's talk about volunteering while staying home and after!

A Team V event.

## Thurs. Aug. 13

1 to 3 pm

#### Let's Speak Up!

Learn about a guide to help you think about returning to the community, and how to speak up with those who support you about what YOU want.

A SAPNA event.

Fri. Aug. 14

3 pm

**SAU1 Just Dance Party!** 

Self Advocacy Support and Empowerment (SASE), and Team V (Volunteer) events are supported by grants from the Pennsylvania Developmental Disabilities Council; in part by grant numbers 1801PABSDD and 1901PASCDD-02, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects with government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official ACL policy.

**Self Advocacy Power Network for All** (SAPNA) is a project of the PA Office of Developmental Programs, managed by Self Advocates United as

Our mission is to support the self advocacy of people with disabilities for positive impact in our communities and in people's lives.

What do YOU want to learn about during our time at home?

# Call, write, or email us using the info below.

Self Advocates United as 1

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