

## Let's Talk about Your Vision for Your Everyday Life & Relationships!

People with disabilities and their chosen guests are invited to join us for conversation!

**Thurs. Mar., 12th, 2020 10am-3pm** Vision for Equality, 718 Arch St, (6th floor North)

8 Arch St, (6th floor North) Philadelphia, PA 19106 Power Coach Oscar says, "When we learn new things, we are powerful!"



## Reserve your place by Monday, March 10th, 2020. Email Sharon at Sharon@sau1.org or call 267-307-0000

Say your name, how to reach you, and how many are coming with you.



Let's talk about:

- different kinds of relationships
- how we make them
- healthy relationships
- unhealthy relationships
- what abuse is
- what to do about abuse
- ways to learn more

This training is supported by a grant from the Pennsylvania Developmental Disabilities Council. We'll also talk about:

- What a vision Is
- · Your every day life
- Waiver services
- Life Course tools for More Power!

This training is sponsored by SAPNA. The <u>Self A</u>dvocacy <u>P</u>ower <u>N</u>etwork for <u>A</u>II is a project of the PA Office of Developmental Programs, Department of Human Services. **SAPNA** is managed by Self Advocates United as 1.

SAU1's mission is to support the self advocacy of people with disabilities for positive impact in our communities and in people's lives. www.sau1.org email info@sau1.org 724 588 2378