

	A	B	C	D	E	F
1	Date	Time	Course Title and Registration Link	Course Summary	Audience	Format
2	6/2/2021	9:00 AM - 5:30 PM	Everyday Lives: Dual Diagnosis Day 1		All Interested Parties	Whova
3	6/2/2021	9:00 AM - 10:00 AM	Conference Welcome & Updates	Office of Developmental Programs' (ODP) Deputy Secretary Kristin Ahrens and Office of Mental Health and Substance Abuse (OMHSAS) Deputy Secretary Kristen Houser give the opening and welcoming remarks for the 2021 Dual Diagnosis Conference. Dr. Gregory Cherpes, ODP Medical Director, gives the opening and welcoming remarks including the Overview of the Collaborative Capacity Building Initiatives (CBI).	All Interested Parties	Whova
4	6/2/2021	10:00 AM - 11:30 AM	Keynote: Chester Finn	Chester Finn, Special Advisor to the New York State Office for People with Disabilities and self-advocate, relates his message of understanding through learning from others lived experiences. Finn, who has a visual impairment, will share his story of creating sustaining societal change through self-determination.	All Interested Parties	Whova
5	6/2/2021	12:30 PM - 1:30 PM	Breakout Session A	Attendees will select any of the following sessions to join as desired. No pre-registration required:	All Interested Parties	Whova
6	6/2/2021	Breakout Session A-1	The Trauma of the Powerless	Dr. Dan Jurman will discuss the ways our treatment of people can create trauma that drives behavior. He'll connect the dots between his experience of serving people with developmental disabilities and his current experience exploring the impacts trauma and chronic stress can have on our physical and behavioral health.	All Interested Parties	Whova
7	6/2/2021	Breakout Session A-2	The Impact of Trauma on Those with Dual Diagnosis	Dr. Dale Adair will speak on the prevalence of trauma in those diagnosed with mental illness and intellectual disabilities. He will talk about recognizing the presence of trauma and effective treatment interventions. He will also speak to available resources.	All Interested Parties	Whova
8	6/2/2021	Breakout Session A-3	Community Autism Peer Specialists (CAPS)	Dr. Kathleen Kaplan will present with various peers specialist on the CAPS program. The CAPS program is a community-based, peer-support behavioral health service that provides person-centered, participant-directed support to individuals on the autism spectrum. The program's goal is to help those on the autism spectrum increase personal wellness, independence, and community participation. CAPS is an initiative of the Philadelphia Autism Project and was developed in partnership with the Autism Services Education Resources and Training (ASERT) Collaborative Eastern Region.	All Interested Parties	Whova

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9	6/2/2021	Breakout Session A-4	The Wounds and Trauma of Everyday Life: Valued Social Roles to Wellness and a Good Life	Dr. Guy Caruso will teach participants about the wounding life experiences and trauma people with disabilities experience, as well as about the concept of devaluation and devalued roles. Dr. Caruso will offer strategies and actions to take to help people with disabilities, their families, and professionals to work toward the valuable everyday experiences. This will be a brief introduction to Social Role Valorization as one way toward wellness.	All Interested Parties	Whova
10	6/2/2021	2:00 PM - 3:00 PM	Breakout Session B	Attendees will select any of the following sessions to join as desired. No pre-registration required:	All Interested Parties	Whova
11	6/2/2021	Breakout Session B-1	Promoting Recovery from Trauma through Healing Practices in Everyday Life	Dr. Beth Barol will present on health, healing, and pursuing a meaningful life for everyone, individuals with a dual diagnosis and their supporters. We will open the door to deeper explorations by briefly examining the range of ways in which trauma impacts a person, using examples from individuals' biographies to illustrate these principles. Then we will explore a range of "social therapeutic" healing interventions, focusing on stabilizing and rebuilding the brain and body through nutritional, life-style practices, at-home therapeutic opportunities, relationships, and strengthening the parasympathetic nervous system. Finally, we will touch on the use of neuromodulation practices and equipment to offer more stability.	All Interested Parties	Whova
12	6/2/2021	Breakout Session B-2	Healing Communities: Understanding Challenges Faced by Intercity Youth	Colwin Williams, Outreach worker for Philadelphia CeaseFire, will present on generational violence and trauma that pervades communities of young men in North Philadelphia and will offer solutions to breaking the cycle.	All Interested Parties	Whova
13	6/2/2021	Breakout Session B-3	Coping with Change and Loss	Representatives from Penn Cares will present on the transformational effect grief can have on an individual's life and the routines that offer stability and comfort.	All Interested Parties	Whova
14	6/2/2021	Breakout Session B-4	Music Therapy: A Path from Isolation to Connection	Through lecture, music making, and song reflections, Music Therapist Kathy Purcell will guide participants to learn how the power of music can decrease isolation and promote positive healing relationships that are desperately needed - especially during these difficult times.	All Interested Parties	Whova
15	6/2/2021	3:30 PM - 4:30 PM	Breakout Session C	Attendees will select any of the following sessions to join as desired. No pre-registration required	All Interested Parties	Whova

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16	6/2/2021	Breakout Session C-1	Critical Thinking for Critical Times	In the age of two concurrent pandemics, there has never been a deeper need for innovation and culturally relevant teaching. In this seminar, Brandon P. Fleming tells the story of his journey from being an at-risk youth and college dropout to becoming an award-winning Harvard educator, while unpacking the nuances of virtual learning and cultural engagement.	All Interested Parties	Whova
17	6/2/2021	Breakout Session C-2	Understanding Abuse of Individuals with Intellectual Disabilities	James Meadours is a self-advocate who has grown stronger and resilient through the trauma of sexual assaults. His healing has come after a lot of "soul searching" and addressing trauma over a long period of time. James offers a deeper understanding of sexual assault to an individual with developmental disabilities, as well as inspiring hope and empowerment.	All Interested Parties	Whova
18	6/2/2021	Breakout Session C-3	Community Participation as a Path to Resilience for those with Dual Disorders	Dr. Mark Salzer will offer attendees an overview of community participation, including work, school, leisure, and engagement in faith, and why it is important for the health and wellness of individuals with dual disorders. The importance of participation will then be discussed in the context of promoting resilience, and information will be offered about the beliefs and strategies that are necessary for promoting participation.	All Interested Parties	Whova
19	6/2/2021	Breakout Session C-4	Use of the Certified Peer Specialist in Supporting Individuals with Serious Mental Illness	David Measel, Executive Director of the Pennsylvania Peer Support Coalition, will teach attendees about certified peer services (CPS) and the role of a certified peer specialist in meeting the needs of an individual.	All Interested Parties	Whova
20	6/2/2021	4:30 PM - 5:30 PM	Networking Session	Attendees will have the opportunity to connect with other attendees over lightly guided conversation. Attendees will be randomly grouped for seven eight-minute sessions.	All Interested Parties	Whova
21	6/3/2021	9:00 AM - 5:00 PM	Everyday Lives Conference: Dual Diagnosis Day 2		All Interested Parties	Whova
22	6/3/2021	9:00 AM - 9:30 AM	Welcome from Bureau Directors & Pennsylvania Updates	Office of Developmental Programs (ODP) and Office of Mental Health and Substance Abuse (OHMSAS) bureau directors give welcoming remarks for day two of the conference.	All Interested Parties	Whova
23	6/3/2021	9:30 AM - 10:30 AM	Breakout Session D	Attendees will select any of the following sessions to join as desired. No pre-registration required:	All Interested Parties	Whova
24	6/3/2021	Breakout Session D-1	The Importance of Resiliency	Dr. Nancy Mimm and Dr. Nirmal Abuja will provide insight into how vital resiliency creates health and wellbeing outcomes by discussing the "growth mindset" to support personal resiliency that can also be applied to a population or community.	All Interested Parties	Whova

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25	6/3/2021	Breakout Session D-2	Empowerment through the Lens of Clinical and DSP Competency Learning	Dr. Tim Barksdale will outline the three NADD Certifications with examples and discussion on how the competencies involved in the certification can be used to support the empowerment of adults with Intellectual and Developmental Disabilities (IDD) and co-occurring mental illness.	All Interested Parties	Whova
26	6/3/2021	Breakout Session D-3	Impacting Wellness through Community Based Intensive MH/ID Teams	Licensed Clinical Social Worker Peg Schwartz and Behavioral Intervention Service Coordinator Lori Nimmon will review ways Community Service Group has been successful in engaging and strengthening individuals and teams. The application of a biopsychosocial whole person approach and capacity building strategies will be shared along with tools and resources for positive lasting outcomes.	All Interested Parties	Whova
27	6/3/2021	Breakout Session D-4	Pandemic Era Use of Telehealth Procedures in Pennsylvania	Director of the Children's Division of Rehabilitation & Community Providers' Association (RCPA) Jim Sharp will review the expansion of telehealth across Pennsylvania and the pending Federal Legislation that will guide it permanent place in service delivery platforms. Through data gathered via multiple practitioner and consumers studies we will discuss the successes, challenges, and pathways for telehealth on a post Pandemic age.	All Interested Parties	Whova
28	6/3/2021	11:00 AM - 12:00 PM	Breakout Session E	Attendees will select any of the following sessions to join as desired. No pre-registration required:	All Interested Parties	Whova
29	6/3/2021	Breakout Session E-1	Achieving a Self-Designed Life through a Proven Effective Everyday Wellness Tool for Yourself and Individuals You Support	Behavior health expert Lynn Miller will provide an overview of the Wellness Recovery Action Plan (WRAP) as a wellness guide for individuals, families and other you may support. There will be information pertaining to the history and evolution of WRAP, using WRAP to overcome challenges, achieve goals and how WRAP can help anyone to live their life to the fullest capacity.	All Interested Parties	Whova
30	6/3/2021	Breakout Session E-2	Social Media 101: Keeping Ourselves and Individuals Who Have Disabilities Safe	Michelle Gwinn Nutter, civil rights and school safety expert will guide professionals in the fundamental physical and social outcomes of trauma in the digital age.	All Interested Parties	Whova

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31	6/3/2021	Breakout Session E-3	Sexuality, Connections, and Complexities	Co-chair of the National Association of Dual Diagnosis Robin Van Eerden will present on human relationships and their complexities. Van Eerden will review consent and capacity, and how they are determined. Discussion will also include safety on social media, the internet and applications will also be included. Guidelines and other strategies will be reviewed to protect the rights of people with a "cause no harm" ethic and provide safety for all.	All Interested Parties	Whova
32	6/3/2021	Breakout Session E-4	Experience with Finding Balance	Joan Moore, self-advocate and member of the National Alliance on Mental Illness, will walk participants through the need for advocating for oneself and for family members with disabilities, inclusive of mental health and intellectual disabilities.	All Interested Parties	Whova
33	6/3/2021	1:00 PM - 2:00 PM	Breakout Session F	Attendees will select any of the following sessions to join as desired. No pre-registration required:	All Interested Parties	Whova
34	6/3/2021	Breakout Session F-1	Wellness from a book club, what a novel idea! How Next Chapter Book Club has flipped the script on the traditional book club and made it an inclusive activity for the dual diagnosis community	Dr. Tom Fish will provide insight into how vital resiliency creates health and wellbeing outcomes as well as development of a growth mindset to support personal resiliency that can also be applied to a <u>population or community</u> .	All Interested Parties	Whova
35	6/3/2021	Breakout Session F-2	Using the Social Determinants of Health within ID and Autism Services	Dr. Nicholas DeMarco will present on the use of the social determinants of health such as clinical and non-clinical needs, the use of data analytics to identify patient risk, and making care intervention a collaborative process with community-based resources.	All Interested Parties	Whova
36	6/3/2021	Breakout Session F-3	Improving Outcomes and Embracing Wellness: Best Practices for Tobacco-Free Behavioral Health	Tobacco Policy and Control Program Manager for the Philadelphia Department of Public Health, Ryan Coffman, will present on how behavioral health providers can feel comfortable and competent integrating tobacco free behavioral health treatment settings and offering evidence-based tobacco use disorder treatment into their services.	All Interested Parties	Whova

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37	6/3/2021	Breakout Session F-4	Trauma, COVID-19, and the Impact on Individuals with Intellectual Disabilities, Developmental Disabilities and Autism (ID/DD/A)	Psychiatrist Dr. Michael Murray and psychologist Dr. Sierra Brown will discuss ways to address the capacity of community members, families, service providers, and professionals in trauma-informed practices for individuals with intellectual disabilities, dual diagnosis, and/or autism. The session will focus on examples from the Autism Services, Education, Resources and Training (ASERT) and Autism and Intellectual Disability in Pennsylvania (AIDinPA) collaboratives that address the need for trauma-informed care for neurodiverse individuals.	All Interested Parties	Whova
38	6/3/2021	2:30 PM - 3:30 PM	Breakout Session G	Attendees will select any of the following sessions to join as desired. No pre-registration required:	All Interested Parties	Whova
39	6/3/2021	Breakout Session G-1	Taking a Moment: Wellness and Mindfulness in Patients and Caretakers	Dr. Betty Liu and Dr. Tina Paul will teach the incorporation of mind and body health through practice and education that can be realistically incorporated into daily life to help build mental, emotional, and physical reserve to combat daily stress of chronic illness as a patient, a family member, and a caretaker.	All Interested Parties	Whova
40	6/3/2021	Breakout Session G-2	Nutrition and Behavioral Health: Improve Your Mood with Food	Pennsylvania Licensed Professional Counselor Christine Sides will present on the essential foods needed for optimal brain function. Attendees will leave understanding how, what, and when to eat and how these decisions impact mood.	All Interested Parties	Whova
41	6/3/2021	Breakout Session G-3	Sexual Wellness: Building Resilience Through Inclusion	Dr. Beverly Frantz and Parris Boyd, MSW will address the significance of sexual wellness and how it relates to the overall wellbeing of an individual. Attendees will learn about the impact of positive language around sex and lesbian, gay, bisexual, transgender, questioning/queer, intersex, and agender/asexual/ally (LGBTQIA+) inclusion. The session will also explore examples of how to respect and honor an individual's self-identities.	All Interested Parties	Whova

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42	6/3/2021	Breakout Session G-4	Trauma Informed Care: Improving Health Outcomes for Populations at Risk	Mary Sonke, MSW will explain increased risk for chronic disease in trauma patients with an intellectual disability. Chronic diseases including cancer, diabetes and heart disease are the leading causes of death and disability in the United States. Patients with ID, SMI and previous traumatic experiences are at an increased risk of developing a chronic disease, and increased morbidity and mortality due to barriers and challenges of managing these diseases. A trauma informed approach universally implemented into healthcare systems may provide patients with the safety, advocacy, engagement, empowerment and support necessary to improve health outcomes.	All Interested Parties	Whova
43	6/3/2021	3:45 PM - 4:45 PM	Closing Keynote: The START Model: Promoting Resilience and Wellness through an Evidence-Based Model	Clinical Director of The Center for START Services Dr. Jill Hinton will present on the START model and its use of evidence-based, strength focused support systems for individuals and families. START aims to increase capacity in mental health systems to appropriately diagnose, treat, and support people with intellectual/developmental disabilities and mental health concerns. This presentation will provide a brief overview of some of the challenges associated with supporting people with IDD/MH, describe how the START model is designed, and discuss the underlying principles of START that promote resilience and wellness.	All Interested Parties	Whova
44	6/3/2021	4:45 PM - 5:00 PM	Closing Remarks	Dr. Gregory Cherpes, ODP Medical Director will offer the closing remarks for the 2021 Dual Diagnosis Conference.	All Interested Parties	Whova
45	6/10/2021	9:00 AM - 2:10 PM	Everyday Lives Conference: Conference Conclusion and Employment		All Interested Parties	Whova
46	6/10/2021	9:00 AM - 9:10 AM	Opening Remarks	ODP Employment Policy Supervisor Laura Cipriani introduces attendees to the employment track and touches on ODP employment initiatives	All Interested Parties	Whova

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47	6/10/2021	9:10 AM - 10:30 AM	Business as the Social Engine of America: Enhancing the Employment Success of Individuals with Significant Disabilities through Supported and Customized Employment	Jennifer Todd McDonough, Project Director of the Virginia Commonwealth University Rehabilitation Research and Training Center on Employer Practices, outlines the importance of supported employment and customized employment programs for both employers and employees. McDonough looks into the struggles that many employers and employees with disabilities face when it comes to job retention and how to best support an employee with a disability. This presentation will utilize business case studies of persons with disabilities (such as autism), evidence-based research and streaming video to illustrate how business and rehabilitation programs can work together.	All Interested Parties	Whova
48	6/10/2021	11:00 AM - 12:00 PM	Intertwining Lives: A Sibling Panel	Kate Fialkowski of Temple University leads a one-hour discussion with siblings of people with disabilities about how best to support a loved one while recognizing divergent life paths, navigating now, and planning for the future.	All Interested Parties	Whova
49	6/10/2021	12:00 PM - 12:30 PM	Commonwealth of Pennsylvania Employment Programs	Jason Swarthout and Chris O'Neal of the Pennsylvania Talent Management Office provide participants with an overview of hiring initiatives and how to apply for a position within the Commonwealth of Pennsylvania.	All Interested Parties	Whova
50	6/10/2021	12:30 PM - 1:30 PM	Understanding Social Security Administration (SSA) Benefits and Working	Joy Smith of AHEDD will describe a brief history of the Work Incentives Planning and Assistance (WIPA) and Ticket to Work Programs as well a description of the different types of Social Security Benefits, Social Security Disability Insurance (SSDI) & Supplemental Security Income (SSI). Participants will also learn who is eligible and how to access WIPA services.	All Interested Parties	Whova
51	6/14/2021	10:00 AM - 11:30 AM	Adult Autism Waiver (AAW) COVID-19 update	The purpose of the meeting is to provide updates on COVID-19 activities, answer questions, and provide support. These meetings are held for all ODP providers of AAW Services. The Virtual Office Hours (VOH) starts with an overview of any new ODP Announcements and also includes a) highlights of new practices, b) a review of topics and questions sent in advance, and c) a discussion of any concerns that have come up in the past few weeks. Providers will be able to ask questions directly of AAW Regional Office (RO) representatives.	All Office of Developmental Programs' (ODP) AAW Providers	Columbus GoTo Webinar

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52	6/22/2021	10:00 AM - 12:00 PM	Virtual Office Hours: Troubleshooting the Creation of Successful Environments: Antecedent Strategies in the Behavioral Support Plan (BSP)	Did you attend May's Virtual Targeted Training (VTT): Creating Successful Environments: Antecedent Strategies in the Behavioral Support Plan (BSP)? In case you missed it, here is a link: https://www.myodp.org/course/view.php?id=1802 . ODP's Bureau of Supports for Autism and Special Populations's (BSASP) Clinical Staff is holding a VOH as a follow-up to this training and will be available to answer questions, troubleshoot problems, and provide specific advice on developing antecedent strategies to create successful environments to improve the quality of Behavioral Support Services. You may submit questions and examples ahead of time to the Provider Support Mailbox at ra-basprovidersupprt@pa.gov .	All Behavioral Specialists and Behavior Specialist Supervisors	Columbus GoTo Webinar
53	6/24/2021	10:00 AM - 11:00 AM	The Systematic Skill Building Plan Development is Approved: Now What?	Do you provide Systematic Skill Building (SSB), a service in the AAW/ACAP? Have you written the Skill Building Plan (SBP) and wondered what to do next? During this Virtual Targeted Training (VTT), we will discuss what happens after the SBP is approved. We will also review expectations for ongoing implementation of this service.	Adult Community Autism Program (ACAP) and AAW Providers	Columbus GoTo Webinar