



New MyODP Podcast:

Guest Series with Jordan Hollander: A Few Thoughts About Thoughts

This is the first episode in a three-part series with our first guest, Jordan Hollander. As supporters, one of our primary objectives is to ensure the person we support is happy and feels good, right? Jordan joins us to talk about his thoughts on the broader definition of happiness and how thoughts can sometimes be a barrier to achieving a more meaningful life.



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