

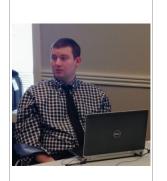
## Self Advocates United as 1—Antivirus Power Connect Calendar

Use YOUR power to stay connected through our projects SASE (Self Advocate Support and Empowerment) and SAPNA (Self Advocacy Power Network for All).

Join as many calls as you can to connect with other people while we can't meet in person. Share the info with your friends, family and coworkers.

Let's start each call with a check-in to hear how folks are doing and share resources during this tough time.

You can join any or all of the calls by computer at https://zoom.us/j/624794330 or by phone: dial (646)876-9923, then your meeting ID: 624 794 330 ##.





10 am to noon What is the Coronavirus, and what is social isolation? We will share

Thurs. March 26

information from Green Mountain Self Advocates. A SASE event.

Fri. March 27

9 am to noon

Let's Talk about Relationships!

What makes them healthy or unhealthy, and tools for your relationships.

A SASE event.

Mon. March 30

1:30-4 pm GoVoter!

Learn how to register and vote so YOUR voice is heard.

A SASE event.

Mon. April 6

1:30-4:30 pm

Let's Talk about Your Vision for YOUR Everyday Life.

A SAPNA Event.







Fri. April 3

10 am-1 pm

Let's Talk about Your Vision for YOUR Everyday Life.

A SAPNA Event



Fri. April 10

1:30-4 pm

Go Voter!

Learn how to register and vote so YOUR voice is heard.

A SASE event.

Self Advocacy Support and Empowerment (SASE) events are supported by a grant from the Pennsylvania Developmental Disabilities Council; in part by grant number 1901PASCDD-02 from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects with government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official ACL policy.

Self Advocate Power Network for All (SAPNA) events are a project of the PA Office of Developmental Programs, managed by Self Advocates United as 1.

Our mission is to support the self advocacy of people with disabilities for positive impact in our communities and in people's lives.