



# Preparing for Life: Successful Transition to Adulthood with ASD

**February 18, 2020 Online**

This presentation reviews key predictors of successful adult outcomes among students with special needs, including the awareness of strengths and challenges, perseverance, learning skills to accomplish realistic goals, and preventing disruptive behaviors. Although strengths can build careers, challenges can often interfere with opportunities. This workshop also describes how to help individuals and their caregivers handle meltdowns and design effective plans to prevent frustration and anxiety that can derail progress towards life goals.

**Objectives:**

- Identify predictors of successful adult outcomes for those with special needs.
- Describe ways to motivate individuals to develop interpersonal and career skills
- Explain when and how to disclose about a disability
- List common triggers to frustration and anxiety along with ways to prevent these challenging moments.

**Agenda:**

12:30 pm to 1:00 pm	Key predictors of successful adult outcomes among students with special needs
1:00 pm to 1:30 pm	Motivating individuals to pursue interpersonal and career skills
1:30 pm to 2:00 pm	Disability Disclosure
2:00 pm to 2:30 pm	Frustration and Anxiety

**Targeted Audience:**

Teachers, Administrators, Speech Language Therapists, Families, and other educators who support students with autism

**Presenters:**

Jed Baker, Ph.D.

**Registration:**

There is no cost for this event.

Register at [www.pattan.net](http://www.pattan.net)

**For questions regarding content, contact:**

PaTTAN Pittsburgh:

Kathryn Poggi, 412-826-6857 or 800-446-5607, [kpoggi@pattan.net](mailto:kpoggi@pattan.net)

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PaTTAN East:

Annette Bauerlein, [abauerlein@pattan.net](mailto:abauerlein@pattan.net); 610-878-7211 or 1-800-441-3215

**Credits offered: Act 48, PSYCH**



Individuals attending this event must arrive on time and stay the duration of the event to receive Act 48 Professional Education hours. Requests for exceptions must be brought to the attention of the individual's Superintendent or IU Director prior to the event



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