<u>Tues. June 15,</u> <u>10:30 to 11:30am</u>



How's Covid going for YOU? A SAPNA event

Have you been able to get out and do the things you want? Is your provider listening to your ideas? What's up with the vaccine? Folks from the PA Office of Developmental Programs (ODP) want to hear from YOU! Only callers with disabilities can share their questions and experiences. Family, staff, and others are welcome to listen and learn.

Mon. June 21, 1 to 2:30pm

Let's Speak Up!A SAPNA event

Do you know your rights? Are you getting what you want and need? Join us to learn all about speaking up. Tell us ways YOU speak up!



SAU1 Power Staff Renee smiling

Tues. June 22, 1 to 2pm

Late Lunch with Renee—An HCBS event Learn how she lives Her Life, Her Way!

Hear Renee talk about how she chooses what she wants, and doesn't want, in her life. Find out how the Final Rule for Home and Community Based Services respects her rights to choose her life, her way, and how you can, too!

Tues. June 29,1 to 3pmA SAPNA eventLet's Talk about Your Vison For YOUR Everyday Life!

What do YOU want in your life? How do you make it happen? Who can help?

Learn how to plan for, and get, the life YOU want.

Join from your smartphone without video: tap <u>+16468769923,,2233445555#</u> and wait to hear "You are in the meeting now."

> Call in on any phone: dial (646)876-9923, then meeting ID 223 344 5555 ##

To join by computer or smartphone, get the passcode anytime before the event!

call 724-588-2378 or Email Rita@sau1.org

On the day of the event, you can

go online at zoom.us/j/2233445555 then enter the passcode, or,

join right from our online events calendar at <u>sau1.me/events</u> and enter the passcode.

Our mission is to support the self advocacy of people with disabilities for positive impact in our communities and in people's lives.

Get your free SAU1 Mask. Call 724 588 2378 or email Rita@sau1.org

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Self Advocacy Power Network for All (SAPNA) is a project of the PA Office of Developmental Programs, managed by Self Advocates United as 1.