



# Let's Power Up!

## Self Advocacy: Strengthening **Your** Group

People with disabilities and their chosen guests are invited to join us to talk about how to Power Up!

We've started the conversation.  
Let's keep talking about how to keep your group working towards getting stronger!

**Monday, December 9th,  
2019  
1-3PM**

Prospectus Berco 1800  
Kutztown Road,  
Reading, PA 19601

Let us know you are coming,  
and how many will be with you!

Register today with Holly!  
Call 610-236-0530 or  
email [hbarlet@sam-inc.org](mailto:hbarlet@sam-inc.org) by  
11/25/19

Say "I Want to Power Up!"

Contact us at 724-588-2378 or [Sierra@sau1.org](mailto:Sierra@sau1.org) by Monday,  
November 25th if you need accommodations (sign language, braille,  
CART, etc.).

The Self Advocacy Power Network for All (SAPNA) is funded and approved by the PA Office of Developmental Programs (ODP), Department of Human Services and managed by Self Advocates United as 1, Inc.  
Email [info@SAU1.org](mailto:info@SAU1.org)    [www.sau1.org](http://www.sau1.org)    Call 724-588-2378

**When we learn new things,  
we are powerful!**

